

COOKING MERIT BADGE

AT J.N. WEBSTER S.R. - PRE-REQUISITES & THOUGHTS

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PREFACE

THE COOKING MERIT BADGE IS A STAND ALONE MERIT BADGE IN THAT THE REQUIREMENTS MAKE NO ASSUMPTION OF PREVIOUS KNOWLEDGE OR EXPERIENCE. IT IS A MERIT BADGE BEST WORKED UPON WITHIN THE NORMAL TROOP ENVIRONMENT AS THE TROOP PREPARES FOR THEIR OUTDOOR ACTIVITIES.

AT BEST THE MERIT BADGE IS APPROXIMATELY

- 45% CLASSROOM ORIENTATED – AS IN TO LISTEN, TO DISCUSS, TO EXPLAIN, TO TELL, TO SHOW
- 30% PAPERWORK – AS IN MENU PLANNING, SHOPPING LISTS, MEAL EVALUATIONS AND CAREER INVESTIGATION
- 25% COOKING – WHICH IS THE FUN PART - AS IN FOOD PREP, ACTUAL COOKING, SERVING, AND CLEAN UP – ALL OF WHICH CAN BE THE MOST TIME CONSUMING.

IN THE SUMMER CAMP ENVIRONMENT THE BIGGEST OBSTACLE TO MERIT BADGE COMPLETION IS THAT THE SCOUTS DO NOT DO OR DO NOT WANT TO DO THE PAPERWORK. I WOULD GUESS THE CLOSE TO 50% OF SCOUTS TAKING THE MERIT BADGE RECEIVE PARTIALS FOR THIS REASON.

SUGGESTIONED (PRE-REQUISITES)

1. ANY SCOUT TAKING THE COOKING MERIT BADGE SHOULD BE AT LEAST A FIRST CLASS SCOUT
 - AS A FIRST CLASS SCOUT THE SCOUT HAS ALREADY BEEN EXPOSED TO BASIC COOKING PRINCIPLES AS IN
 - MENU PLANNING, SHOPPING LISTS, FOOD PREP, PROPER FOOD HANDLING, COOKING, SANITATION AND CLEAN-UP
 - AS A FIRST CLASS SCOUT THE SCOUT HAS ALREADY BEEN EXPOSED TO BASIC FIRST AID AND SAFETY.
2. IT WOULD BE HELPFUL IF ANY SCOUT TAKING THE MERIT BADGE WOULD BRING AN OUTLINE OF HIS DAILY ACTIVITY LEVEL AND HIS CALORIC NEED WITH A SUGGESTED MEAL PLAN - AS NOTED IN REQUIREMENT 2C
3. IT WOULD BE HELPFUL IF ANY SCOUT TAKING THE MERIT BADGE
4. WOULD BRING AN OUTLINE OF HIS CURRENT EATING HABITS – AS NOTED IN REQUIREMENT 2D
5. IT WOULD BE HELPFUL IF ANY SCOUT TAKING THE MERIT BADGE WOULD BRING DOCUMENTATION ON THREE CAREER OPPORTUNITIES AND THE EDUCATION, TRAINING AND EXPERIENCE REQUIRED FOR ONE OF THE THREE – AS NOTED IN REQUIREMENT 8